

Oct 30-Nov6.

**Yoga Chakra Balancing Retreat with**

**Megan Adele Simpson**

**studied at Drishti Yoga Teacher Training**

Includes

Vegetarian breakfast and dinner.

Airport transfers

\$150 canadian deposit. \$650 if deposit received by March 1,

\$750 after that

For information please contact Megan at [megan.adele.simpson@gmail.com](mailto:megan.adele.simpson@gmail.com)

Yoga at the Beach on the Pool deck or on the Sky deck will be a great experience for our group and we would be happy to provide references.

The food at El Sabanero Eco Lodge is excellent and we will arrange a special group meal plan including Vegetarian or Vegan meals tailored to your groups specific needs.

The management at the hotel can make all arrangements for you including Airport Pickup/Drop-off, Transportation to beach and Towns, Tours to various sightseeing destinations of Costa Rica.

Depending on sleeping arrangements we can easily accommodate groups from 20 to 25 people and if necessary arrangements for extra rooms at our neighboring Bed and Breakfast can be made.

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Direccion ver Links:

Google map: <http://goo.gl/maps/hH76G>

Waze para mobiles: <http://waze.to/hd1g42ke44>





